

'The Singing Voice: A Human Birthright'

2.30pm, Saturday 11 May, @ Gilson Summer School, Oldcastle

A talk and voice workshop based around the idea that singing is as natural as breathing; exploring how we can learn to navigate the landscape of our voices outside of classical tuition styles; highlighting inclusive, experiential learning, and working with playful tools which allow us to access the freedom of our natural voices, and open up and deepen our singing experience.

"Whatever you can do or dream you can, begin it. Boldness has genius, power and magic in it!" Johann Wolfgang von Goethe

Talk followed by Workshop starts 2.30pm, Cost €10. Register lgsummerschool@gmail.com
Or at Gilson Summer School Office, Gilson School, Church St, Oldcastle on Saturday 11 May



Mallika McCarthy – Bio

Mallika is a singer, singing teacher and voice workshop facilitator based on the West Coast of Ireland. Her workshops draw upon her wide pool of influences, from the simple physicality of the authentic human voice, to classical and contemporary singing techniques, to community music, breath-work, movement, yoga and meditation.

She holds an MA in Community Music and a professional diploma in Contemporary Vocals, and has been singing, performing and teaching since her teens.

Mallika works with the voice as a holistic instrument — and the firm belief that everyone has the capacity learn to sing — working with breath, physicality, sound and songs to focus the singing body and open up the voice; exploring the sense of 'connectedness' that can emerge from within the singing experience, and accessing the effortless and freedom that lies innate within every singing voice.

She teaches singing one-to-one classes, community singing groups and voice workshops, based on the principles of the 'Connected Voice,' affirming that as we link up the primary aspects of the voice such as breath, body and sound, we create a foundation for a stronger and freer voice, and an clear and anchored approach through which we can access our own innate singing voice.

